2020 AKAPTA FALL CONFERENCE

October 17 - 18, 2020

THE WHAT, WHEN, HOW AND WHY OF ONCOLOGY REHABILITATION
FOR REHABILITATION PROFESSIONALS

INCLUDING: PTs, PTAs, OTs, COTAs

COURSE OBJECTIVE

This course will provide the attendee with fundamental information that will allow him or her to provide better care and outcomes to their patients with a cancer diagnosis.

SPEAKERS

AMY J LITTERINI, PT, DPT
G STEPHEN MORRIS, PT, PHD, FACSM

Amy Litterini, PT, DPT, is an Associate Clinical Professor in the Department of Physical Therapy at the University of New England. She received a BS in Health Sciences in 1993 and a Master of Physical Therapy degree in 1994 from Duquesne University in Pittsburgh, PA, and a Doctor of Physical Therapy from Simmons College in Boston, MA, in 2004. She received patient navigation training at the Harold P. Freeman Patient Navigation Institute in Harlem, NY, and is a certified hospice volunteer by Compassus Hospice. Her experiences in adult rehabilitation have included acute care, hospital-based out-patient care, private practice, long term care and home care in areas including orthopedics, balance and vestibular rehab and women’s health. Since 1996, her career has focused on oncology rehabilitation including lymphedema management, fitness programming, wellness initiatives, clinical patient navigation, research, management and program development. Amy’s research interests have focused on cancer survivorship issues; the benefits of physical activity in cancer survivorship; the effect of exercise on functional mobility in advanced cancer; the role of home exercise programming for individuals with advanced cancer; and program development in the application of Yoga in pediatric oncology. She has served the Academy of Oncologic Physical Therapy of the American Physical Therapy Association as the Section Program Chair, Regional Course Chair, Vice President, and the Oncology Section Delegate in the APTA’s House of Delegates. She is a member of the Oncologic Specialty Council of the American Board of Physical Therapy Specialties (ABPTS). She also serves on the Northern New England Clinical Oncology Society’s Nursing & Allied Health Professional committee and with the Maine Cancer Foundation.

G Stephen Morris, PT, PhD, FACSM received his PhD from the University of Texas and completed a NIH Postdoctoral Research Fellowship at UC Irvine. Seeking credentials to do human research, he later earned a MS degree in Physical Therapy from Texas Woman’s University, Houston, Texas and a license in Physical Therapy. After teaching stints in physical therapy programs at Texas Woman’s University and Texas Tech University Health Sciences Center, he joined the Dept. of Rehabilitation Services at UT MD Anderson Cancer Center. There he both treated patients and pursued research focused on identifying treatment outcome measures that are most appropriate for use in the oncology rehabilitation setting and the integration of the principles of exercise physiology into oncology rehabilitation. He served briefly as the Director of Rehabilitation Services at St. Jude’s Children Research Hospital and conducted research in the area of cancer survivorship. He recently retired from the Physical Therapy Program at Wingate University, Wingate, NC and was named the University’s first Distinguish Professor. He currently serves as the President of the Academy of Oncologic Physical Therapy of the American Physical Therapy Association. Dr. Morris has published over 60 manuscripts and 3 book chapters and has spoken nationally and internationally on the utility and implementation of exercise training principals in the context of oncology rehabilitation.